



Summer is the time to enjoy vacations, camping, picnics and the Fourth of July; however, summertime also brings fires and burn injuries due to fireworks and outdoor cooking.

Know how to prevent a burn while you enjoy outdoor activity this summer.

- Wear short sleeves or roll them up when cooking on the grill.
- Use long-handled barbecue tools.
- Keep a 3-foot safe zone around grills, fire pits and campfires.
- Attend public fireworks displays; this leaves the lighting to the professionals.



Place the burn in cool water for three to five minutes.
Cover the burn with a clean, dry cloth.
See your doctor if the burn is larger than your palm.

